Program Philosophy

CSTAR is built on the following major principles which have shaped and determined the overall design of the program:

- Multiple levels and various services are available to accommodate the diversity of situations and one's treatment and rehabilitation needs.
- Emphasis is on the preservation of one’s individual dignity and the interruption of the pattern of chronic drinking/drug use.
- Treatment is designed to aid the individual to live free of alcohol and other drugs while developing an understanding of how the disease of chemical dependency affects one’s life.
- The program provides a supportive environment while teaching increased self-awareness and a clear understanding of responsibilities and relationships with others.
- Services are based on the individual’s needs and are provided in the least restrictive setting and level of care.

All Services Are Confidential

Southeast Missouri Behavioral Health

Admissions: 1-800-455-5749

Corporate Office
5536 State Highway 32
Farmington, MO 63640
(573) 756-5749
M-F 8:00 a.m.—5:00 p.m.

Aquinas Center
5536 State Highway 32
Farmington, MO 63640
(573) 756-5749

Salem Center
203 North Grand
Salem, MO 65560
(573) 729-4103

New Era Center
3150 Warrior Lane
Poplar Bluff, MO 63901
(573) 686-5090

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Operating 24 hours, 7 days a week
Website: www.semobh.org

Evening & Weekend
Appointments Available

Southeast Missouri Behavioral Health, Inc. does not deny employment or services because of race, sex, color, creed, marital status, national origin, disability or age of applicants or employees.
WHAT IS CSTAR?

Comprehensive Substance Treatment and Rehabilitation (CSTAR), is a community based nonresidential treatment program providing a continuum of care through three (3) levels of service.

Level I (Primary Treatment) is the most structured and intensive, designed to simulate the treatment programming offered in residential treatment programs.

Level II (Rehabilitation) is an intermediate level, offering an individualized program derived from a menu of services which address substance use problems and associated issues.

Level III (Supported Recovery) is the least intensive level providing supportive services and assistance in sustaining therapeutic gains made in treatment and rehabilitation.

One may enter treatment at any level via the intake and assessment process, and may move from level to level.

ADDITIONAL TO CSTAR

We offer counseling for stress, grief, behavioral issues, marriage, divorce and relationship, including co-occurring.

We participate in many 3rd party pay groups (HMO’s & PPO’s), Insurance; Employee Assistance Program (EAP) and Sliding Scale Fee.

ADMISSION CRITERIA

The admission criteria for CSTAR services are as follows:

- Presence of substance use disorder or dependency.
- The absence of need for detoxification, although this can be arranged.
- A lack of mental, physical, social, or environmental complications that would interfere with treatment.
- No likelihood of a threat to self or others.

CSTAR is covered under the Missouri Medicaid Plan. If an individual is not covered by this plan, but is eligible for Missouri Medicaid, our staff will assist in the application process.

If not Medicaid eligible, our staff will assist in obtaining appropriate services.

STATEMENT OF REFERRAL

Southeast Missouri Behavioral Health is a community based, healthcare provider of substance use, mental health and co-occurring disorders. The agency is accredited by the Commission on the Accreditation for Rehabilitation Facilities (CARF) as a provider of Integrated Treatment for Co-Occurring Disorder services.

By referral, community providers of medical services are utilized by this agency to meet the needs of those clinically involved with this agency. Extensive case management and community support assistance is made available to all clients. Referrals are accepted from any social agency, medical facility, government entity, the clergy, and individuals on behalf of themselves or another. The facility is open; therefore, individuals may leave anytime at their discretion. To be admitted for service, individuals need only to present themselves for admission. After completion of an individual standardized screening instrument, the person may then be admitted to the least restrictive treatment program. All treatment records are confidential and protected by federal and state laws.

Crisis Counseling available
24 hours/7 days a week
For the office location nearest you or more information call

(573) 756-5749
Farmington, MO
(573) 729-4103
Salem, MO
(573) 686-5090
Poplar Bluff, MO