

## Program Philosophy

CSTAR is built on the following major principles which have shaped and determined the overall design of the program:

- Multiple levels and various services are available to accommodate the diversity of situations and one's treatment and rehabilitation needs.
- Emphasis is on the preservation of one's individual dignity and the interruption of the pattern of chronic drinking/drug abuse.
- Treatment is designed to aid the individual to live free of alcohol and other drugs while developing an understanding of how the disease of chemical dependency affects one's life.
- The program provides a supportive environment while teaching increased self-awareness and a clear understanding of responsibilities and relationships with others.
- Services are based on the individual's needs and are provided in the least restrictive setting and level of care.

### All Services Are Confidential

Individuals who are hearing impaired may contact us via the following:

- mail to PO Drawer 459, Farmington, MO 63640
- email to [Admissions@semobh.org](mailto:Admissions@semobh.org)
- or through the Missouri Department of Mental Health.

## Southeast Missouri Behavioral Health

Admissions: 1-800-455-5749

Corporate Office  
5536 State Highway 32  
Farmington, MO 63640-0459  
(573) 756-5749  
M-F 8:00 a.m.—5:00 p.m.

Aquinas Center  
5536 State Highway 32  
Farmington, MO 63640-0459  
(573) 756-5749

Salem Center  
203 North Grand  
Salem, MO 65560-0429  
(573) 729-4103

New Era Center  
3150 Warrior Lane  
Poplar Bluff, MO 63901-0107  
(573) 686-5090

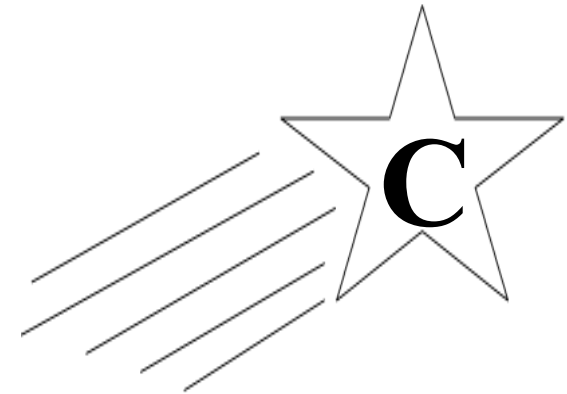
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Operating 24 hours, 7 days a week  
Website: [www.semobh.org](http://www.semobh.org)

Evening & Weekend  
Appointments Available

Southeast Missouri Behavioral Health, Inc. does not deny employment or services because of race, sex, color, creed, marital status, national origin, disability or age of applicants or employees.

# CSTAR



**Comprehensive Substance Treatment  
and Rehabilitation**

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**Integrated Co-Occurring  
Mental Health and Substance Abuse  
Services**

*Southeast Missouri  
Behavioral Health*



## WHAT IS CSTAR?

Comprehensive Substance Treatment and Rehabilitation (CSTAR), is a community based nonresidential treatment program providing a continuum of care through three (3) levels of service.

Level I (Primary Treatment) is the most structured and intensive, designed to simulate the treatment programming offered in residential treatment programs.

Level II (Rehabilitation) is an intermediate level, offering an individualized program derived from a menu of services which address substance abuse problems and associated issues.

Level III (Supported Recovery) is the least intensive level providing supportive services and assistance in sustaining therapeutic gains made in treatment and rehabilitation.

One may enter treatment at any level via the intake and assessment process, and may move from level to level.

Participation in each of the three levels of service is time limited.

## ADDITIONAL TO CSTAR

We offer counseling for stress, grief, behavioral issues, marriage, divorce and relationship, including co-occurring.

We participate in many 3rd party pay groups (HMO's & PPO's), Insurance; Employee Assistance Program (EAP) and Sliding Scale Fee

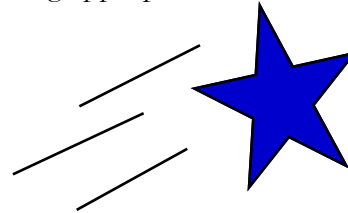
## ADMISSION CRITERIA

The admission criteria for CSTAR services are as follows:

- Presence of substance abuse or dependency.
- The absence of need for detoxification, although this can be arranged.
- A lack of mental, physical, social, or environmental complications that would interfere with treatment.
- No likelihood of a threat to self or others.

CSTAR is covered under the Missouri Medicaid Plan. If an individual is not covered by this plan, but is eligible for Missouri Medicaid, our staff will assist in the application process.

If not Medicaid eligible, our staff will assist in obtaining appropriate services.



Southeast Missouri Behavioral Health CSTAR Program is available seven days a week. An individual schedule is developed with the client and our staff to meet his/her treatment goals.

Our staff consists of professionally-trained counselors trained in current techniques, and required to continually update their credentials.

## STATEMENT OF REFERRAL

Southeast Missouri Behavioral Health is a community based, healthcare provider of substance abuse, mental health and co-occurring disorders. The agency is accredited by the Commission on the Accreditation for Rehabilitation Facilities as a provider of Integrated Dual Disorder Treatment services.

By referral, community providers of medical services are utilized by this agency to meet the needs of those clinically involved with this agency. Extensive case management and community support assistance is made available to all clients. Referrals are accepted from any social agency, medical facility, government entity, the clergy, and individuals on behalf of themselves or another. The facility is open; therefore, individuals may leave anytime at their discretion. To be admitted for service, individuals need only to present themselves for admission. After completion of an individual standardized screening instrument, the person may then be admitted to the least restrictive treatment program. All treatment records are confidential and protected by federal and state laws.

**Crisis Counseling available  
24 hours/7 days a week**

**For the office location nearest you or  
more information call**

**(573) 756-5749  
Farmington, MO**

**(573) 729-4103  
Salem, MO**

**(573) 686-5090  
Poplar Bluff, MO**