

## Where do I go for Help?

Southeast Missouri Behavioral Health offers a wide range of programs and services

- ↔ Community Psychiatric Rehabilitation
- ↔ Medication Assisted Treatment
- ↔ Children First Divorce Education Program
- ↔ Comprehensive Substance Treatment and Rehabilitation Services (CSTAR)
- ↔ Substance Abuse Traffic Offenders Program (SATOP)
- ↔ Employee Assistance Program (EAP)
- ↔ Individual/Group/Family Counseling
- ↔ Evaluations/Assessments
- ↔ Medication Management
- ↔ Healthy Children & Youth (HCY)
- ↔ Community Education
- ↔ Support Groups—AA/NA/AV/DRA
- ↔ Drug Court Services

*To arrange for a confidential assessment please contact us at  
(573) 431-0554*

### **Community Psychiatric Rehabilitation Program**

514B East Main Street  
Park Hills, MO 63601

(573) 431-0554



**Corporate Office**  
5336 Highway 32  
Farmington, MO 63640-0459  
(573) 756-5749  
M-F 8:00 a.m.—5:00 p.m.  
Website: [www.semobh.org](http://www.semobh.org)

Disorders Treatment Program  
Integrated Dual



# Community Psychiatric Rehabilitation Program

**An Integrated Dual  
Disorders Treatment (IDDT)  
Program**



## What is CPRP?

The **C**ommunity **P**sychiatric **R**ehabilitation (CPR) **P**rogram is a community living program for individuals whose mental illness is accompanied by a diagnosis of substance abuse. CPR consumers live in their own homes within the community, gathering on a daily basis where they are provided life skills enhancing services and educated on general self-care needs.

## What is the Goal of CPRP?

The goal is to develop a personal support system while enhancing skill levels and abilities to where one may perform at their highest level of daily functioning. CPRP's goal is to help the individual to be more productive in the community, while preventing hospitalization due to increased symptoms of their mental illness. By monitoring the consumer's behaviors and assessing their need for further services on an outpatient basis, symptoms of their illness requiring future hospitalization.

## Admission Criteria

To be eligible for CPRP services, one must have a history of substance abuse and a qualifying mental health disorder or disability and require the services offered by the CPR Program. The Program is funded by Missouri Health Net.

## CPRP Consumer Services

The CPRP offers a variety of activities and living skills to enhance and contribute to one's quality of life.

### Services include:

- Initial Psychological Screening/Intake
- Initial Psychiatric Assessment
- Treatment Planning
- Community Support Services
- Individual Co-Occurring Counseling
- Co-Occurring Group Counseling
- Co-Occurring Group Education
- Psychosocial Rehabilitation
- Medication Services
- Crisis Intervention Services
- Substance Abuse Services
- Multidisciplinary Team Approach
- Self Help Group Referral
- Recreational Outings
- Recreation on Site
- Transportation Services
- Assistance with Medical Follow-Up

## Community Support Services

An individualized Treatment Plan is developed for each person we serve.

### Other general areas to be considered may include:

- Interpersonal Skills
- Psychosocial Functioning Review
- Money Management/Budgeting
  - Medication Management
  - Personal Hygiene Review
- Meal Planning and Preparation
- Transportation/Community Orientation
- Prevocational/Vocational Training
  - Educational Preferences
  - Use of Leisure Time
  - Time Structuring
- Community Participation
- Activities of Daily Living
- Referral to other Human Services Providers
- Self Help Coordination
- Crisis Response and Follow-Up